



Thomas Jefferson University Pilot Study Finds ONDAMED® is Safe and Effective



A pilot study conducted by Joel Edman, DSc, FACN, CNS of The Myrna Brynd Center for Integrative Medicine at Thomas Jefferson University demonstrated that in addition to ONDAMED® being safe, 30% of the subjects reported **“significant improvement in pain levels.”** The pilot study analyzed the safety of the ONDAMED® Pulsed Electromagnetic Field device. The treatment protocol was only 3 sessions since the purpose of the study was to document safety only. What was unexpected is that a significant reduction in pain was reported with just 3 sessions. The recommended protocol for ONDAMED® is at least 10-12 treatments.

All patients were experiencing pain from conditions such as:

- fibromyalgia
- migraine headaches
- interstitial cystitis
- polymyalgia rheumatica
- pain in the lower back, spine, neck and hand from a variety of causes

All of these patients had been taking medications for years without significant results in managing their chronic pain. It was remarkable that just three sessions of ONDAMED® not only proved to be safe, it also significantly reduced pain. None of the patients reported any adverse side effects. This study was the first phase in a series of studies that will be conducted by the University.

Because 3 of 11 subjects reported significant improvement in pain levels, ONDAMED® is a viable option for pain therapy. It is interesting to note that all 3 subjects who reported benefit from the treatments had immediate improvement at each visit. It is possible that if the actual protocol for ONDAMED® was followed (at least 10-15 treatments two times per week or more) that ONDAMED® therapy could have produced even more significant improvements and more of the patients would have responded. Given that the therapeutic protocol requires at least the 10-15 treatments, it is remarkable that 30% responded with just 3 treatments - which is significantly below the therapeutic threshold.

Research is already underway in several clinics across the nation to document case studies that have significantly responded to the use of ONDAMED® including: trigeminal neuralgia, shin splints, healing of bone fractures, musculoskeletal pain, fibromyalgia, MS, as well as the aforementioned conditions. The case studies will guide future larger scale research that will help confirm the best use and best protocol for a variety of conditions.

For more information on ONDAMED® please visit www.ondamed.net or contact us at (845) 496-6673-0